

Zaiyara Adorno Rivera

Nephrology of the Golden Isles

3025 Shrine Road

Suite 270

Brunswick, GA 31520

E-mail info@nephrologyofthegoldenisles.com

(912) 262-2723

Objective

Providing evaluation and treatment of kidney diseases, including electrolyte disturbances and hypertension and the care of those requiring renal replacement therapy, including dialysis and renal transplant patients at Nephrology of the Golden Isles.

Education

Nephrology Fellowship 2019-2021

UF Health Jacksonville

Department of Nephrology and Hypertension

Categorical Internal medicine residency program 2016-2019

Preliminary Internal medicine residency program 2015-2016

Universidad Central del Caribe Internal medicine program associated with University Hospital Ramon Ruiz Arnau, Bayamon, P.R

Universidad Iberoamericana (UNIBE)

Doctor of Medicine

September 2008 - September 2012

Santo Domingo, Dominican Republic

Health Teacher Education- Major

August 2004 - July 2005

University of Puerto Rico

Mayagüez Campus

Science in Nursing - Bachelor degree

August 2000 - June 2004

University of Puerto Rico

Mayagüez Campus

Professional Work Experiences:

Nephrology of the Golden Isles

3025 Shrine Road, Suite 270

Brunswick, Georgia

July 2021- present

Role: Nephrology and Hypertension subspecialty

Pavia Heart and Lung Hospital

Santurce, 1462 Asia Street, San Juan P.R

August 2008 – 2015

Role: Staff nurse – ICU and Emergency Room July 2006 – August 2008

Role: Critical Care Nurse- Intensive Care Unit of Pavia's Cardiac and Neurosurgery Department

Bella Vista Hospital

Cerro Las Mesas, Mayaguez P.R

July 2004 – July 2006

Role: Staff nurse (RN) – Ward I- general surgical and chemotherapy ward

University of Puerto Rico

Mayaguez Campus - Medical Services

January 2002- Dec 2004

Role: Medical and laboratory record assistant

Career summary:

- Nephrology Fellowship 2019-2021
- Categorical Internal medicine residency program 2016-2019
- Preliminary Internal medicine residency program 2015-2016
- 6 years in ICU, Emergency Room, General Ward, Recovery Room, Nursery - Per Diem
- 2 years of experience in Intensive Care Cardiovascular Unit- full time
- 2 years of experience in Ward (general surgical and chemotherapy) – full time
- Registered Nurse Licensure
- Worked under the supervision of expert physicians in critical care unit dealing with complex patients

Courses

Advanced Cardiac Life Support (ACLS)

July 2020-2022

Basic Life Support (BLS)

July 2020-2022

Chevra Kadisha - History, Origins and Evolution Gamliel Institute.

October-December 2015

Neonatal intensive care course

June 29 - July, 1 2010 University of Puerto Rico, Medical Science Campus, Division of continuing education and professional studies

Basic measures of communicable diseases: AIDS, Hepatitis, TB in the work setting

Breastfeeding Module

Cardiovascular accident management Module

Pain management Module

August 2009

Critical Care Nursing Course

October 2005

Adventist University, Division of continuing education

Mayaguez, P.R

Activities:

- Eye pain during hemodialysis. A case report. Adorno, Z. MD, Hasan, I. MD Heilig, C. MD. July (2021)
- Gabapentin Toxicity in existing and developing renal failure. A case report. Adorno, Z. MD, Hasan, I. MD Heilig, C. MD. October (2020)
- Rare Finding of Large B Cell Lymphoma in a Patient with FabryDisease . A Case Report Adorno, Z., MD. Caldera, J. MD Rodriguez, A. MD, Larry Liriano, MD Ruiz J., MD. January (2017)
- Orthopedics and rehabilitation medicine conference - July 22-23, 2011
- First workshop about emergency and clinic urgencies oriented to primary care -July 17, 2010
- Clinical emergency and surgical management of burn patients - January 31, 2010
- First Dominican Congress about Obesity – July 23, 2009

Strengths and abilities:

- Knowledge of nephrology and hypertension, internal medicine, general nursing and critical nursing practices
- Ability to prioritize and develop plans accordingly
- Proficiency to educate patients and their families in compliance with the hospital rules and regulations, patient's rights, etc.
- Ability to function independently
- Managerial and organizational ability
- Multitasking ability not compromising with the quality of work
- Leader, Dynamic, Enthusiastic.
- Excellent interpersonal relationships.
- Ability to work with a lot of pressure and in group teams.
- Bilingual

Professional membership:

American Society of Nephrology- ASNID: 602586

2019-present

American Board of Internal Medicine- ABIMID: 393236
December 2020-present
American College of Physician Internist
College of nursing professionals of Puerto Rico: college number 34073
USMLE step 1- PASS
USMLE step 2CK- PASS
USMLE step 2CS- PASS
USMLE step 3- PASS

Interests:

Nephrology, palliative care and hospice, Diabetes, Obesity, Patient education and self-management.

Personal:

US citizen
Fully bilingual. English and Spanish
Married with one child.
Member of Chevra Kadisha TBS Puerto Rico and the Caribbean.
Play piano, sing and dance salsa, read and travel.

Reference:

Available upon request.